

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
08:15 We-Move Judith	08:15 We-Move Judith	08:30 Club Power Robin B	08:15 We-Move Judith			
08:45 Buikspierkwartier Judith	08:45 Buikspierkwartier Judith	09:15 XCORE Robin B	08:45 Buikspierkwartier Judith		09:00 BuRN Robin B / Robin V	09:30 Burning XCORE Karin / Romy
09:00 Body Shape Judith	09:00 Pilates Judith		09:00 Xco Shape Judith	09:00 Body Shape Judith	09:45 Booty Robin B / Robin V	09:30 Spinning Meriam
10:00 Yin Yoga Judith	10:00 Senioren Fitness Judith		10:00 Senioren Shape Judith	10:00 Pilates Judith	10:15 XCORE Robin B / Robin V	10:15 Club Power Karin / Romy
11:00 Meditatie Judith	11:00 Yin Yoga Judith		11:00 Klankschaal Meditatie Judith		11:00 Boks Fight Robin B / Robin V	10:30 Spinning Meriam
17:45 Boks Fit Judith	18:30 Club Power Karin	18:00 Spinning Meriam	18:00 Box Fight Romy	18:30 Club Power Robin V		11:15 Box Fight Karin / Romy
18:30 Spinning Meriam	19:30 Zumba Ernst	18:30 XCORE Karin	18:30 Buikspierkwartier Romy	19:30 Burning XCORE Robin V		
18:45 Body Shape Judith	20:30 XCORE Karin	19:00 Spinning Meriam	18:45 BuRN Romy			
19:45 XCORE Romy		19:15 Booty Karin	19:30 Booty Romy			
20:30 Zumba Jo-Ann		19:45 Buikspierkwartier Karin	20:00 Zumba Ernst			
		20:00 BuRN Karin				